



HAPPENINGS

HCSA Happenings (Jul-Oct 2018)

HCSA Community Services is a charitable organisation with the Institute of Public Character (IPC) status and a member of the National Council of Social Service (NCSS). As a family of dedicated staff, volunteer teams, and corporate and community partners, we continue to serve some of the most vulnerable in society to give them a future and a hope. Our beneficiaries include ex-offenders, single parents with limited support, and teenage girls who have experienced the trauma of repeated abuse.



WHAT'S NEW

Launch of HCSA Academy

HCSA Academy Culinary Training Centre, the latest programme by HCSA Community Services, was officially opened by Dr Yaacob Ibrahim, Member of Parliament, Jalan Besar GRC, on 8 May.

The Academy offers a six-week WSQ-certified culinary programme designed to give trainees industry-relevant working experience in professional kitchens. As part of HCSA's "Smart Village" digitalisation initiative, the trainees are encouraged to

learn creatively and optimally through state-of-the-art equipment and e-learning opportunities like online courses and Augmented Reality (AR).

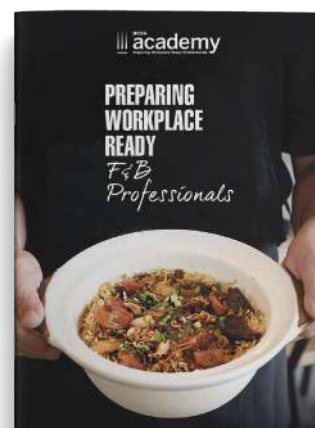
Upon graduation, trainees will receive the highly coveted WSQ Higher Certificate in Food Services (Culinary Arts) and be assisted with job placements in F&B organisations.



"By equipping our beneficiaries and other vulnerable individuals with nationally-certified qualifications in F&B, HCSA Academy hopes to give them a "rice-bowl" – the means to become employable and the ability to support themselves and their families,"

Dominique Choy, CEO, HCSA Community Services.

For more information on HCSA Academy, please refer to the **HCSA Academy Brochure:**



Scan the QR code to view the brochure online

Macquarie Group cooks up a storm at HCSA Academy

As part of Macquarie Community Day, Macquarie Group employees teamed up with beneficiaries from HCSA Dayspring SPIN and HCSA Highpoint to participate in an exciting culinary team bonding workshop at HCSA Academy Culinary Training Centre.



Excitement buzzed and tantalising aromas wafted through the air as the participants prepared a sumptuous meal comprising Ayam Masak Merah (chicken in spicy tomato sauce), Sayur Lodeh (vegetable curry), turmeric rice, and panna cotta for dessert.

The participants had the chance to savour the delicious spread in the Academy's dining room and even pack some home in our vibrant HCSA tiffin carriers.

Thank you, Macquarie Group, for your support and goodwill towards HCSA's beneficiaries!



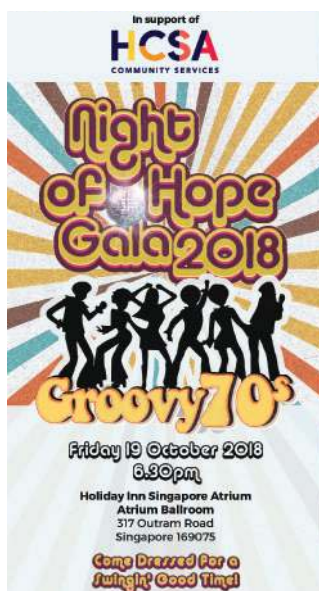
HCSA Academy Culinary Training Centre offers team bonding workshops with a specially curated culinary programme suited for all competency levels. The workshops promise to be interactive, engaging, and fun, helping to foster team spirit and build cohesiveness. The Academy's dining room also caters to private and corporate events.

Why hold your next corporate/private event at HCSA Academy? For one, all proceeds will go towards supporting the work that HCSA does to give our beneficiaries hope for a better future.

More details available on the next page. ➡



UPCOMING EVENTS



Night of Hope Fundraising Gala

19 October 2018

HCSA's annual Night of Hope Gala 2018 will be held on Friday 19 October! Look forward to a swingin' good time with this year's theme: Groovy 70s. To be hosted by Nikki Muller, HCSA Dayspring's Ambassador of FUN, this fundraising dinner promises to be a totally wicked night!

Show your support!

Email melissa_shepherdson@hcsa.org.sg or call 6745 3532.

FOOD FOR *good*

contact us

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Cooking and Connecting

CULINARY TEAM BONDING

PRICE

\$130 / PAX

DETAILS

16 TO 24 PAX

3.5-4 HOURS SESSION

3-COURSE MEAL PACKAGE

ALL EQUIPMENT & INGREDIENTS PROVIDED



Dining with a Difference

PRIVATE DINING & EVENTS

PRICE

LUNCH : \$45-65 / PAX | DINNER : \$85-120 / PAX

DETAILS

16 TO 60 PAX (SEATED)

MAX 100 PAX (COCKTAIL)

2-3 COURSE MEAL PACKAGE

PLEASE CONTACT US FOR MORE DETAILS

STORIES OF HOPE

Overcoming Abuse and Trauma

My parents divorced when I was a child. After moving from family to family, I was placed with a stepfather who physically abused me and I was hospitalised for a few months.

I was sexually abused on three different occasions and raped by an acquaintance. After getting flashbacks of the incidents, I started to harm myself. I felt suicidal and started drinking to stop the flashbacks. A psychologist later came to my school and referred me to MSF.

"I have decided to focus on my future instead of my past."

Now that I am at Dayspring Residential Treatment Centre, I have decided to focus on my future instead of my past. I hope to work on my relationship with my parents by learning to better understand and communicate with them. My desire is to return home and be reunited with them one day.

Amy*, age 16.

**Name has been changed to protect the identity of our beneficiary.*



Gifts for a Cause

HCSA's Christmas Hampers contain gifts handmade by our beneficiaries – making it a meaningful way to show appreciation to your business contacts, friends and family.

All proceeds will help support the vulnerable groups HCSA serves, in areas such as clinical therapies and alternate school programme (tuition, purchase of textbooks, etc.) for abused teenage girls, early recovery treatment and work therapy for ex-offenders, purchase of daily food necessities for single parent families, and purchase of diapers and formula milk for babies and toddlers, and much more.

For more details, please contact
melissa_shepherdson@hcsa.org.sg
or call **+65 6745 3532**.

It's What's On The Inside That Counts

The HCSA Annual Report 2017 is here! Check it out online at our website:



Scan QR code to view our publications

To request for a hardcopy, please email
enquiry@hcsa.org.sg.

