



#### HCSA Community Services

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 [www.hcsa.org.sg](http://www.hcsa.org.sg)

 HCSA Community Services

 @hcsacommunityservices

 HCSA Community Services

#### Supported by:



#### Member of:



# GIVING A FUTURE AND A HOPE





# Introduction to HCSA Community Services

HCSA Community Services is a charitable organisation with the Institution of a Public Character (IPC) status and a member of the National Council of Social Service.

As a family of dedicated staff, volunteer teams, corporate and community partners, we continue to serve some of the most vulnerable in society, to give them a future and a hope.

Our beneficiaries include ex-offenders, single parents with limited support, and teenage girls who have experienced the trauma of complex abuse.

Our mission to empower these vulnerable populations is achieved through our signature programmes:

**HCSA**  
**HIGHPOINT**

**HCSA HIGHPOINT**  
*Helping ex-offenders rebuild lives*

**HCSA**  
**academy**  
*Preparing Workplace Ready Professionals*

**HCSA ACADEMY**  
**Culinary Training Centre**  
*Preparing workplace ready F&B professionals*

**HCSA**  
**DAYSPRING**  
**RESIDENTIAL TREATMENT CENTRE**

**HCSA DAYSPRING**  
**Residential Treatment Centre**  
*Giving hope to abused teenage girls*

**HCSA DAYSPRING**  
**SPIN**  
*Empowering Single Parents*

**HCSA DAYSPRING SPIN**  
**Single Parents INformed, INvolved, INcluded**  
*Empowering single parents*

# VISION MISSION VALUES

**Our Vision**  
To Give A Future And A Hope

**Our Mission**  
Empowering The Vulnerable To Find Purpose  
For A More Abundant Life

**Our Values**  
Excellence  
Teamwork  
Honour  
Integrity  
Compassion  
Servanthood

# IMPACTING LIVES

1996

HCSA started as a halfway house

**\$6 MILLION**

needed to fund HCSA's 4 signature programmes every year



Over **200%** increase in child abuse cases (physical, sexual and neglect) investigated by **MSF** from **2009** to **2017**

**80%** find employment within 2 months of completing programme at **HCSA Highpoint**



**14.5 YEARS OLD**

Average age of HCSA Dayspring Residential Treatment Centre's residents



Over **1,000**



drug addicts helped

**120**

average annual admissions at **HCSA Highpoint**



**100%**

of HCSA Academy graduates were placed in jobs, of which **82%** are in the **F&B industry**



**60%**

Number of child abuse cases (physical, sexual and neglect) increased by close to **60 per cent** from **2015** to **2016**. This figure has **risen 220 per cent** from **2009** to **2016**.



**3,344**

enquiries received by **MSF Child Protective Service** in **2017**

The number of sexual abuse allegations involving children **under the age of**

**16**



has **risen**, along with physical abuse and neglect cases, according to the Ministry of Social and Family Development (**MSF**).

Singapore's divorce rate hit a **10-year high** in **2016** with **7,614** marriages ending in divorce or annulment. The rising divorce rate is likely to result in an increase in single parent families. **Those married for less than 10 years** made up half of these divorces.



**7,614**



In **2017**, a total of **836 babies** were born to Singaporean mothers who were either not wed to the babies' fathers, or who only had their mothers' names on their birth certificates

**30%**

of inmates in the **Singapore Prison Service** have only education levels

of primary school or less, in addition to limited vocational skills and work experience



**1,000**

hits per month on **SPIN's** interactive website



**Jobs** in the **F&B sector** make up the **bulk of employment** for ex-offenders – however, other industries such as **retail, hospitality** and even **landscaping** are coming on board

**5,093**

More companies are willing to hire **ex-offenders** – the number of employers registered with **SCORE** (which rehabilitates and prepares inmates for release by providing skills training opportunities) increased by **7.3%** to **5,093** in **2017**, up from **4,745** in **2015**



# From Adversity to RESILIENCE

**HCSA**  
**DAYSPRING**

RESIDENTIAL TREATMENT CENTRE

## Introduction

HCSA Dayspring Residential Treatment Centre offers a **caring, safe and therapeutic environment** to help teenage girls who have suffered the complex trauma of physical, sexual or emotional abuse.

Through the application of certified clinical therapy sessions, the Centre strives to help these girls become healthy individuals who can successfully reintegrate into their schools, families and society.

In 2017, Dayspring Residential Treatment Centre **successfully upgraded its quality of care** by transiting to a Therapeutic Group Home service model for girls with higher needs and risks.

## Core Services

The **Residential Management System (RMS)** builds on the foundation of the **Therapeutic Milieu** implemented in the centre since it began operations in 2011.

The service model consists of two **evidence-based practices** used in residential treatment centres, namely **Trauma System Therapy (TST)** and **Positive Behavioural Interventions and Supports (PBIS)**.

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**HCSA Dayspring  
Residential Treatment Centre**

**Address:**  
234 Turf Club Road  
Singapore 287984

**Tel:**  
+65 6276 8002

**Email:**  
[dayspring\\_rtc@hcsa.org.sg](mailto:dayspring_rtc@hcsa.org.sg)

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**“My greatest joy comes from giving the girls the love and care they truly deserve”**

- Robelle (Lead Supervisor)





# Empowering SINGLE PARENTS

**“Nothing is more heart-warming than seeing the smiles of the families we’ve touched”**

- Sylvia (Communications Manager)



## Introduction

HCSA Dayspring SPIN (**S**ingle **P**arents **I**Nformed, **I**Nvolved, **I**Ncluded) is an initiative in collaboration with the National Council of Social Service. It aims to support caregiving and improve the quality of life for single parents or lone caregivers who lack, or have limited, emotional, physical or practical support.

SPIN provides easy access to resources through an ally network of volunteers and an interactive website empowering single parents or lone caregivers to make informed decisions and strengthen their social support network.

## Core Services

Single parents or lone caregivers will be **assessed for their needs** by a social worker before joining as a SPIN member for a period of 12 months.

SPIN members will be matched with **befrienders** - trained volunteers, who will provide practical and socio-emotional support.

**Respite services** will also be available to allow members to schedule free time to attend to their errands, while their children are taken care of by volunteers.

To improve members' access to organised information, SPIN conducts regular child-friendly

**workshops** and **activities** to enrich and encourage members in their parenting journey, and provides an **interactive portal** as a resource tool with live chat that provides real-time response to allow easy access to information.

**HCSA Dayspring SPIN**  
(**S**ingle **P**arents **I**Nformed, **I**Nvolved, **I**Ncluded)

**Address:**  
233 Turf Club Road  
Singapore 287983

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+65 6463 0187

**Email:**  
dayspring\_spin@hcsa.org.sg

**Website:**  
www.hcsaspin.sg



# HCSA HIGHPOINT

## Introduction

HCSA Highpoint Halfway House first started in 1996 to **help drug addicts rebuild broken lives**. Over the last two decades, it has expanded to provide a **safe and substance-free place** for homeless male ex-offenders, newly-released prisoners and those in recovery from addiction, to restart their lives.

Through a transitional living programme, HCSA Highpoint **empowers residents** to attain more permanent housing, gainful employment and financial independence, so as to live a productive and addiction-free life, and successfully **reintegrate into society**.

**“It’s not about telling the residents they can succeed, it’s about truly believing they can”**

- Samuel (Recovery Coach)

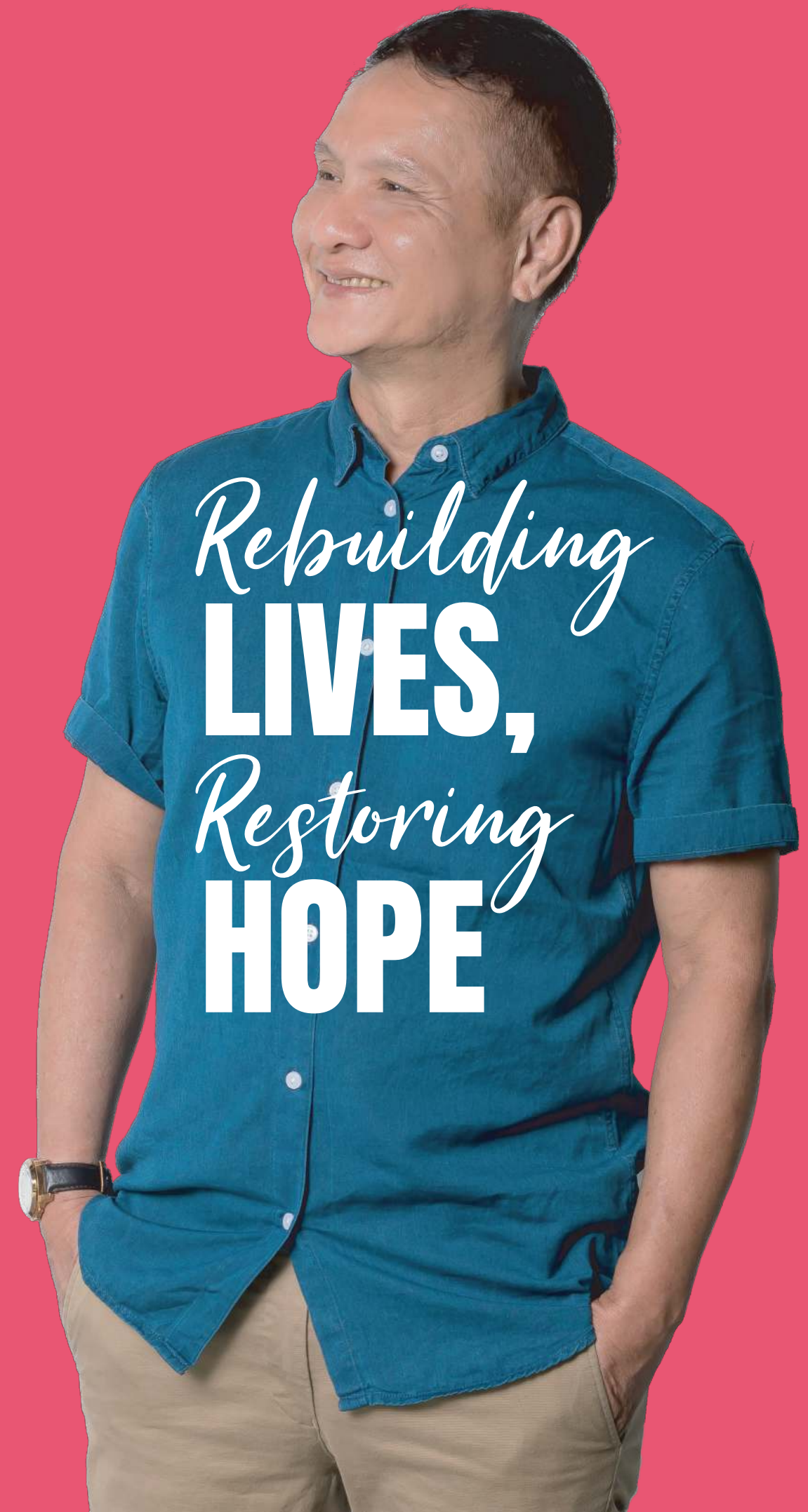
## Core Services

- Counselling
- Support Groups
- Recovery Meetings
- Early Recovery Treatment
- Case Management
- Work Therapy
- Family Engagement
- Recreational Activities

**HCSA Highpoint Halfway House**

**Address:** 1 Lorong 23 Geylang, Singapore 388352 | **Tel:** +65 6440 2444

**Email:** [highpoint\\_hwh@hcsa.org.sg](mailto:highpoint_hwh@hcsa.org.sg)





# Preparing **WORKPLACE READY** **F&B** Professionals



## Introduction

HCSA Academy Culinary Training Centre offers a **six-week course** based on the Food Services Skills framework by SkillsFuture Singapore, culminating in the highly coveted **WSQ Higher Certificate in Food Services (Culinary Arts)**.

It follows a skill-training adult pedagogy with hands-on learning of the craft in the Academy kitchen, with job placements facilitated upon successful completion.

The Academy aims to equip HCSA's beneficiaries and other vulnerable individuals with the **professional skills required for stable employment** in the **F&B industry**, giving them a new lease of life and a level playing field to support themselves and their families.

**“Others cook with their hands, but we cook with our hearts”**

- Chef Boon (Head Trainer)

**HCSA Academy Culinary Training Centre**

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# SUPPORT US



## Donations

Every donation to HCSA Community Services goes a long way in empowering society's most vulnerable.



### DONATE

Please scan QR code to donate



#### By OCBC PayNow Corporate

Please key in the Unique Entity Number (UEN) for HCSA Community Services: S97SS0023J

Under the Reference Number field, please include your full name and NRIC/FIN (individual) or UEN (organisation) for tax deduction purposes.



#### By Cheque

Please make your cheque payable to HCSA, and mail this to us at 1 Lorong 23 Geylang, Singapore 388352.

Do include your name, address, contact number and NRIC/FIN or UEN number for submission to IRAS for automatic tax deduction.



#### By Credit Card

You can drop us an email at enquiry@hcsa.org.sg or give us a call at 6745 3532 with your credit card details (card number, name on card and expiry date).

Please include your name, address, contact number and NRIC/FIN or UEN number for submission to IRAS for automatic tax deduction.



#### By Internet Banking

You can do a bank transfer to the following:

Bank : OCBC  
Account Number : 588 044867 001  
Type of Account : Current Account  
Bank Code : 7339  
Branch Code : 588  
Swift Code : OCBGSGSG

Please email us at enquiry@hcsa.org.sg or give us a call at 6745 3532 after you have completed the transfer and provide your name, address, contact number and NRIC/FIN or UEN number for submission to IRAS for automatic tax deduction.



#### By Giving.sg

Giving.sg is an initiative of the National Volunteer and Philanthropy Centre (NVPC). It is a one-stop online portal for donors and volunteers who seek to give to Singapore-registered charities.

To donate through Giving.sg please go to: <https://www.giving.sg/web/hcsa>

All donations are eligible for a 250 percent tax deduction. A tax-deductible receipt is automatically given for donations \$50 and above, and only upon request for donations below \$50.



## Partnerships

Adopt HCSA Community Services as your company's charity, whether for a given period of time or for an event.



### PRO BONO AND WORKPLACE GIVING

Encourage your employees to give back by engaging and involving them to use their skills and expertise for a good cause.

Depending on your company's area of expertise, you can partner with our staff, volunteers or beneficiaries by offering skills-based training or mentoring, organising workshops or events or offering to run a campaign, for example.

Does your workplace have a corporate matching gift programme? If not, you could suggest starting one today where your organisation does a dollar-for-dollar matching for all donations given by their employees.



### JOB OPPORTUNITIES

We believe that our beneficiaries have the capacity to achieve stable employment and financial independence, and we empower them towards this goal. We would appreciate your organisation's support in offering suitable job opportunities to our beneficiaries.

Contact us to learn more about our work and how your partnership can have a positive impact on our beneficiaries!



## Volunteer

We're always on the lookout for dedicated and committed individuals to volunteer with us and help give our beneficiaries hope for a better future! You don't have to be an expert to make a difference, all you need is a willing heart to help the vulnerable.



### VOLUNTEER

Please scan QR code to register as a volunteer



For more information on how you can support **HCSA Community Services**, please contact:

#### Ms Adelene Wee

Director, Partnerships & Communications

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# THANK YOU TO OUR DONORS, SPONSORS, VOLUNTEERS & FRIENDS