

# HCSA HAPPENINGS

A publication by HCSA Community Services | Issue #3/2019



## Engaging senior volunteers through cooking

HCSA Community Services is blessed to be a recipient of the Silver Volunteer Fund (SVF), where we work closely with the Council for Third Age (C3A) to actively engage senior volunteers to befriend our beneficiaries.

Through this initiative, C3A and HCSA aim to create a vibrant active ageing landscape where seniors can participate as integral members of society and live full, active and meaningful lives. Our beneficiaries benefit from having mentors with a wealth of experience who can journey with them and be there as a friend and support.

On 26 February 2019, two senior volunteers - Debra and Joyce - joined us for our first cooking session at HCSA Academy. Together with Chef Sony, Chef Boon, and residents from HCSA Highpoint Halfway House, they prepared a delicious meal of Ayam Nasi Briyani. The Highpoint staff and residents enjoyed the 'home-cooked' meal and even requested for it to be done every week!



HCSA Community Services is a charitable organisation with the Institution of a Public Character (IPC) status and a member of the National Council of Social Service. As a family of dedicated staff, volunteer teams, corporate and community partners, we continue to serve some of the most vulnerable in society, to give them a future and a hope. Our beneficiaries include ex-offenders, single parents with limited support, and teenage girls who have experienced the trauma of complex abuse.



Find out more about us and what we do at [www.hcsa.org.sg](http://www.hcsa.org.sg)

## *Empowering women and girls with Citi Singapore*



## *International Women's Day Social Bazaar*

HCSA had the privilege of participating in Citi Singapore's International Women's Day Social Bazaar held on 11 March 2019 at The Cube @ Asia Square. Our little booth was overflowing with beautiful merchandise made, packed or contributed by single mothers, volunteers and partners from HCSA Community Services.

It was indeed a wonderful opportunity for non-profits like us to raise awareness and funds for those whom we aim to empower.



## *Candle crafting and ice-cream making with volunteers*

As our loyal supporter for many years, Citi Visa's dedicated team of volunteers actively engage with our beneficiaries from HCSA Dayspring Residential Treatment Centre (DRTC) on a monthly basis without fail.

They took the girls from DRTC out for a candle crafting activity, where they enjoyed a wonderful time creating beautiful cupcake candles from scratch. The girls were also treated to an ice cream workshop the following month, where they learned the art of ice-cream making. They even got to experiment with different combinations of flavours.

## Celebrating the Good Ol' Days



HCSA is honoured to have President Halimah Yacob, a strong supporter of HCSA's cause, grace our upcoming Night of Hope Gala on Friday 20 September 2019.

Since 1996, HCSA has given a future and a hope to more than a thousand families through our programmes:

- **HCSA HIGHPOINT Halfway House** – Helping ex-offenders rebuild lives
- **HCSA DAYSPRING Residential Treatment Centre**  
– Giving hope to abused teenage girls
- **HCSA DAYSPRING SPIN** – Empowering single parents
- **HCSA ACADEMY Culinary Training Centre** – Preparing workplace ready F&B professionals

To achieve our mission, HCSA needs \$6 million every year. Through the Night of Hope Gala, we hope to raise at least \$700,000.

*Join us as we relive the Good Ol' Days and go back in time for an evening of feel-good classics, great food and good cheer – all for a meaningful cause!*

Please email [melissa\\_shepherdson@hcsa.org.sg](mailto:melissa_shepherdson@hcsa.org.sg) or call +65 6745 3532 to register your interest.

### A Fuss-Free Way to Give Back

With our new donation methods, giving back has never been easier!  
Scan the QR Code or donate via PayNow today



**Donate**  
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**By OCBC PayNow Corporate**  
Please key in the Unique Entity Number (UEN) for HCSA Community Services: S97SS0023J

Under the Reference Number Field, please include your first name and contact number for tax deduction purposes.



## When 1+1 is more than 2

*By Priya Sood, Volunteer at HCSA Dayspring SPIN*

Even a nursery student could correct this simple math. One plus one almost always equals to two, but not if you count one as a parent and the other a child. Words just cannot do justice to describe the synergy that is born with this brand-new relationship. From the time the child and parent meet for the very first time, an extraordinary energy changes them for life.

Those fortunate enough to experience the unconditional love in its purest form, would agree. Just imagine the unbreakable bond with someone to call your own for life. Someone for which you strive to be the best you can and someone who rewards you with empowering trust.

Parenting doesn't come with a manual. We would hope it did. Perhaps this invisible energy is just that. It is the most natural and miraculous phenomenon known to mankind since the beginning of time. A parent is always ready to face the world's challenges, to protect the child's well-being and to live a fulfilling life. People may say that there is not such thing as a perfect parent, but it is through all their imperfections that make parents perfect just the way they are.

**Want to empower the lives of single parents?  
Join SPIN as a volunteer today!**

Phone: 6463 0187

WhatsApp/SMS: 8787 0230

Email: [dayspring\\_spin@hcsa.org.sg](mailto:dayspring_spin@hcsa.org.sg)

## Hear Their Stories

Four unique individuals with four different stories – a student, an aftersales supervisor, a single mother of two and a culinary assistant. But what do these four beneficiaries have in common? The answers start with HCSA. Watch this video to find out!



Scan the QR code to watch the video

## GIVING A FUTURE AND A HOPE

LEARN MORE

"There is no greater satisfaction than working together with the team towards empowering the vulnerable to find purpose for an abundant life."

Team HCSA



### New Year, New Look

*Our corporate website has a fresh and colourful new look! Featuring our very own HCSA staff, the new website gives you a better understanding of who we are, what we do and how you can be a part of our mission to empower the vulnerable.*

Check it out here: [www.hcsa.org.sg](http://www.hcsa.org.sg)